



ELITE ENGLISH

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Unit 1 – Be Verb (*am / is / are*)

A) This is Amy. She is introducing herself:

My name is Amy.
 I'm 19 (years old).
 I'm Canadian. I'm from Toronto.
 I'm a student in university.
 My father is a teacher and my mother is a journalist.
 My favorite sports are tennis and cycling.
 My hobbies are drawing and painting.
 I'm interested in action movies!



B) Positive:

I	am	I'm
he		he's
she	is	she's
it		it's
we		we're
you	are	you're
they		they're

Negative:

I	am not	I'm not
he		he's not or he isn't
she	is not	she's not or she isn't
it		it's not or it isn't
we		we're not or we aren't
you	are not	you're not or you aren't
they		they're not or they aren't

C) Let's read some examples of am/is/are + am not/is not/are not in sentences:

- + I **am** 27 years old. My older brother **is** 31.
- + Mary **is** working. She's at the company now.
- + My dad **is** scared of spiders. He's afraid of them!
- + It's time to start. We **are** ready!
- + We **are** interested in movies. We're watching a movie now.
- + You **are** sick again. You're often sick.
- + My friends **are** coming now. The party **is** starting!

- I **am not** tired. I always sleep well.
- John **isn't** interested in politics.
- Sherry **isn't** happy. Her friend is late.
- This **isn't** scary. It's really fun!
- We **aren't** angry. We're always happy together!
- You're **not** hungry. You just ate dinner!
- They're **not** coming. They are busy today.

D) that is = that's / there is = there's / here is = here's

- o That is -> **That's** the best movie I have ever seen!
- o There is -> Are you cold? **There's** your jacket.
- o Here is -> **Here's** your hat. It was under the table.



ELITE ENGLISH

Unit 1 – Exercises:

1.1 – Write the **short form** of the following:

- | | | | | | |
|------------|------------|-------------|-------|------------|-------|
| 1. I am | <u>I'm</u> | 4. He is | _____ | 7. It is | _____ |
| 2. We are | _____ | 5. She is | _____ | 8. That is | _____ |
| 3. You are | _____ | 6. They are | _____ | 9. Here is | _____ |

1.2 – Write **am /is / are** in the following sentences:

- | | |
|--|--|
| 1. Mike <u>is</u> in the garden. | 5. We _____ good friends. |
| 2. It _____ very hot outside today! | 6. Mona _____ a very good worker. |
| 3. I _____ very hungry. Let's eat! | 7. You _____ very good at tennis! |
| 4. They _____ not coming to the party. | 8. That _____ delicious! You are a great cook. |

1.3 – Write **am not / is not / are not** in the following sentences:

- He is 14 years old. He is not in high school.
- I am really busy today. I _____ going to the birthday party.
- They are very tall but they _____ on the basketball team.
- We play sports. We _____ musicians.
- She is beautiful, but she _____ a model.
- You are Canadian. You _____ American.
- That is interesting! It _____ boring.

1.4 – If the sentence is positive, change it to negative. If the sentence is negative, change it to positive.

- | | |
|---------------------------------|--------------------------------------|
| 1. Jane is in the kitchen. | 1. <u>Jane isn't in the kitchen.</u> |
| 2. Mike and Frank are teachers. | 2. _____. |
| 3. I'm in the park. | 3. _____. |
| 4. He's from Germany. | 4. _____. |
| 5. The cats are in the garden. | 5. _____. |

1.5 – Rearrange the following sentences:

- | | |
|----------------------------------|---------------------------|
| 1. teacher / am / I / a | 1. <u>I am a teacher.</u> |
| 2. aren't / They / Canada / from | 2. _____. |
| 3. It / Thursday / today / is | 3. _____. |
| 4. Your / teacher / mom / a / is | 4. _____. |
| 5. cousin / He / my / is | 5. _____. |

1.6 – Write true sentences for yourself.

- | | |
|------------------------------------|--|
| 1. (hungry) | 1. <u>I'm hungry. or I'm not hungry.</u> |
| 2. (tired) | 2. _____. |
| 3. (interested in politics) | 3. _____. |
| 4. (good friends with my neighbor) | 4. _____. |
| 5. (a good tennis player) | 5. _____. |



ELITE ENGLISH

Unit 53 – Adverbs of Frequency (*always.. sometimes.. usually..*)

A) Adverbs of frequency – describe how frequently an action is completed. Study the following chart:

Adverb of Frequency	Frequency (%)	Example Sentence:
Always	100%	He always goes to church on Sunday.
Almost always	95%	Matt almost always eats at home.
Typically / generally / normally	80%	She typically wakes up early.
Often / frequently / usually	70%	He usually goes to the gym after work.
Sometimes	50%	He sometimes forgets his things.
Occasionally / not that often	30%	She occasionally travels.
Seldomly	10%	Chris seldomly eats junk food.
Hardly ever / rarely	5%	She rarely drinks any alcohol.
Never	0%	Jeff never plays basketball anymore.

Note: -> The five most common adverbs are:

-> **always / almost always / usually / sometimes / not that often / hardly ever / never**

Tip: -> 'not that often' sounds very natural. For example, 'I **don't** go to parties **that often**.'

B) Adverbs of frequency – note the three common grammar patterns:

i) Subject + adverb of frequency + main verb:

- o I **always** watch tv. -> I **don't** always watch tv. (*negative*)
- o He **never** speaks loudly. -> He **always** speaks quietly. (*opposite*)

ii) Subject + to be + adverb of frequency + adjective:

- o Jenny is **usually** cheerful.
- o It is **almost always** sunny in California.

iii) Subject + to be + adverb of frequency + 'ing' verb:

- o She is **always** talking to her friends. -> suggests that she *talks to her friends a lot*
- o He is **never** playing video games. -> suggests that he *doesn't like to play games*

Tip: -> '*She is always talking to her friends*' is the same as '*She always talks to her friends*.'

C) Some adverbs of frequency can be used at the start or end of a sentence:

-> **usually / normally / often / frequently / sometimes / occasionally**

- o **Sometimes**, I get up early on Saturdays. / I get up early on Saturdays **sometimes**.

D) Hardly ever & never can be used with positive (not negative) verbs:

- o She **never** plays video games. -> instead of: 'She does not play video games.'
- o He **hardly ever** cooks at home. -> instead of: 'He often does not cook at home.'



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Unit 53 – Exercises:

53.1 – Write an **adverb** in the blank that matches the percentage (%) provided.

1. Sandra **always** swims in that lake. (100%)
2. Your dog _____ barks at the neighbors! (70%)
3. Mary _____ forget to wash the dishes _____. (30%)
4. Christina is _____ quiet. (0%) She _____ has something to say. (100%)
5. Dan _____ eats junk food. He's really healthy. (5%)
6. Nancy _____ goes to the library to read on weekends. (50%)
7. After school, Matt _____ practices basketball with the team. (80%)
8. Samantha is _____ upset. (5%) She's _____ in a great mood. (100%)
9. The kids _____ play outside after school. (70%)
10. I _____ drive to work. (5%) I _____ take the bus or subway. (95%)

53.2 – Rewrite the sentences including the adverb provided.

1. Kathy eats lunch alone. (never) **1. Kathy never eats lunch alone.**
2. Jerome goes out with his friends. (often) 2. _____.
3. There are a few people waiting. (usually) 3. _____.
4. Pauline calls her mom on weekends. (always) 4. _____.
5. We stay home on Saturday nights. (never) 5. _____.

53.3 – Rearrange the sentences to make them correct.

1. mood / usually / Lisa / in / good / a / is **1. Lisa is usually in a good mood.**
2. late / we / get up / weekends / on / usually 2. _____.
3. teacher / wrong / my / hardly ever / is 3. _____.
4. on time / always / the bus / is 4. _____.
5. sister / comes / his / sometimes / us / with 5. _____.
6. finish / What / you / time / do / usually 6. _____?

53.4 – Write an appropriate **adverb** in each sentence.

1. Mary _____ takes the subway to work about three days a week.
2. Janine **hardly ever** buys fake plants. She _____ buys real plants and takes care of them.
3. A: Do you drink coffee? B: _____. I drink a cup of coffee two or three times a week.
4. We live in the desert. We _____ see snow or wear winter clothes!
5. Winnie _____ gets sick. The last time she was sick was about five years ago!
6. Larry works seven days a week until 11pm. I _____ work that much!
7. Sandra usually watches movies at home. She _____ go to the theatre _____.

53.5 – Write sentences about yourself using the keywords provided and **adverbs of frequency**.

1. _____ (drink coffee). 4. _____ (drink coffee).
2. _____ (study English). 5. _____ (wake up early).
3. _____ (meet friends). 6. _____ (eat sushi).



ELITE ENGLISH

Unit 67 – Common Prepositions of Place (*there is a book on the table..*)

A) There are two common grammar patterns when we describe where things are:

- i) The + noun + verb + preposition + the + noun:
 - The book is on the table.
 - The phone is beside the computer.
- ii) There + is + a/an + noun + preposition + the + noun:
 - There is a lamp on the desk.
 - There is a plant under the window.

B) Common Prepositions of Place:

Example Sentences:

- The picture is **above** the sofa.
- The iron is **under** the counter.
- The broom is **behind** the door.
- Lisa is **in front of** the bank.
- **Beside** the bank there is an ATM.
- The cat is sleeping **on** the sofa.
- There are scissors **in** the box.
- There is a motorcycle **between** the cars.
- There is a tower **up** the hill.
- There is a bathroom **down** the hallway.
- I'm walking **into** the office building.
- Steve isn't home. He is **out** right now.



C) Prepositions with similar meanings:

i) Under & below – we think of ‘under’ as directly beneath and ‘below’ as further down:

- Your hat is **under** the chair.
- There are plants **below** the window.
- Sam is **below** the bridge.
- The cat is hiding **under** the sofa.

ii) Over, above & on – we use ‘on’ when two things are touching; ‘above’ when they aren’t touching and ‘over’ when something is moving

- The glasses are **on** the desk.
- There is a curtain **above** the window.
- The plane flew (verb) **over** the house.

iii) Beside & next to – have the same basic meaning. **Tip:** -> it is also okay to say ‘by’ -> **..by the car**

- Jim is standing **beside/next to** his car.
- Where are the keys? -> **By** the plant.
- The phone is **beside/next to** the table.
- The bank is **by** the post office.



Unit 67 – Exercises:

67.1 – Look at the picture and fill in the blanks with the correct preposition of place.



- 1. There is a plant on the desk.
- 2. The cooler is _____ the window.
- 3. The book is _____ her computer and coffee cup.
- 4. Tim is standing _____ the clock.
- 5. There is coffee _____ her coffee cup.
- 6. Jeff is sitting _____ his computer.
- 7. Shelia is sitting _____ the plant.
- 8. The shelf is _____ the chair.
- 9. Amy is sitting _____ her desk.
- 10. The printer is _____ the desk.

Now, write two more sentences about what you can see in the picture.

- 11. _____.
- 12. _____.

67.2 – Rearrange the sentences into the correct order.

- 1. pillows / the / on / are / bed / the
 - 2. is / there / a broom / door / behind / the
 - 3. standing / Mark / by / is / the window
 - 4. yoga mat / sofa / the / the / under / is
 - 5. the picture / on / wall / the / is
 - 6. the table / between / is / chairs / the
 - 7. a plant / is / there / by / window / the
 - 8. her pc / in front of / sitting / Amy / is
 - 9. the shoes / in / box / are / the
 - 10. a fan / there / is / room / the / in
- 1. **The pillows are on the bed.**
 - 2. _____.
 - 3. _____.
 - 4. _____.
 - 5. _____.
 - 6. _____.
 - 7. _____.
 - 8. _____.
 - 9. _____.
 - 10. _____.